

Take-home sheet

AI for Seniors. Toronto Public Library, North York Central.

If you want help finding something

Call or text 2-1-1

Free. Private. Any hour. More than 150 languages. A real person answers.

Ask about help at home, food, or programs for older adults. Also:

211ontario.ca

The library's own list of programs: tpl.bibliocommons.com/v2/events.

Choose North York Central and the audience Older Adults.

A scam call has four things

1. **The uniform.** Someone with authority is on the line.
2. **The clock.** It must happen today.
3. **The secret.** Do not tell anyone.
4. **A payment that cannot be undone.** Gift cards, an e-transfer, cash to a courier.

A cloned voice can sound like your family. The four things are still there.

If a call or message frightens or rushes you

1. Stop. Take five minutes. Say out loud: **"I need to talk to somebody before I do anything."**
2. Hang up.
3. Ring back on a number you already have, not the one the call came from.
4. Talk to someone you trust.

Nobody real refuses five minutes.

If you lost money: tell your bank first. Report it to the Canadian Anti-Fraud Centre, 1-888-495-8501, antifraudcentre.ca, and to the police.

Our family password

A word or a question that only your family knows. Write it here. Then ask your family to agree to use it.

Keep this sheet somewhere safe. Do not photograph it or post it online.

Your recipe

Think of one thing you keep meaning to do. Fill in the blanks. Next time you use an AI tool, type your recipe. Read the answer. Then say what is wrong with it, the way we did with Pat. That is the whole skill.

Write _____ (a message, a list, or questions)

for _____ (who it is for).

I want _____ (what you want it to do).

Leave out _____ (what you do not want).

Short, plain words.

Good to remember

- It sounds like a person. It is not one, and it does not know you.
 - It writes what usually follows. That is not always what is true.
 - For finding a program, use the library's list or 2-1-1. Use the chatbot to ask what to look for.
 - Do not type your name, address, health or family details.
 - Ask it what the trick is. Then decide for yourself, and check another way.
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More about today, from Ryan Kelln, Innovator in Residence

Point your phone camera at the square, or type
ryankelln.com/project/tpl_2026/w12-ai-for-seniors